







Chesterfield Senior Center

(586) 949-0400 ext. 4
 parks.chesterfieldtwp.org

DECEMBER

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 2:00 BINGO Basics \$ 4:45 Fit To Dance \$ 6:00 Chair Yoga \$</p>	<p>2 8:45 Chair Yoga (\$30 Mth) 10:00 Member Led Aerobics 11:30 Variety Card Games 12:30 Euchre 1:00 Pinochle 6:00 PM Wild Lights At The Zoo Bus Trip\$</p>	<p>3 8:45 Coffee Conversations 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 1:00 Billiards 1:00 Mexican Train Dominoes 2:00 Yahtzee/Farkle Dice Games</p>	
5	<p>6 10:00 Member Led Aerobics 10:00 Technology Help (SA) 12:30 CSG Mtg (Christmas/Lunch)</p>	<p>7 8:45 Chair Yoga 10:00 Member Led Aerobics 11:30 Quilters/Knitters (SA) 12:30 Mahjong 1:00 Firefighter Blood Pressure Cks 1:00 Bridge, Poker 1:00 Woodcarvers 1:00 Billiards</p>	<p>8 11:30AM Christmas Party \$ (Tina's Country House) SENIOR CENTER CLOSED DURING BUSINESS HOURS 4:45 Fit To Dance \$ 6:00 Chair Yoga \$</p>	<p>9 8:45 Chair Yoga 10:00 Member Led Aerobics 11:30 Variety Card Games 12:30 Euchre 1:00 Pinochle</p>	<p>10 8:45 Coffee Conversations 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 1:00 Billiards 1:00 Mexican Train Dominoes 2:00 Yahtzee/Farkle Dice Games</p>	11
<p>12 11:00 Charlie Brown Christmas at The Fox all ages Bus trip\$</p>	<p>13 10:00 Member Led Aerobics 1:30 Assured Health Gift Wrap(MM) 12:30-4 No Activity in Senior center</p>	<p>14 8:45 Chair Yoga 10:00 Member Led Aerobics 11:30 Quilters/Knitters (SA) 12:30 Mahjong 1:00 Bridge, Poker 1:00 Woodcarvers 1:00 Billiards</p>	<p>15 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 1:00 On With Life (SA) 2:00 Peaceful Painting \$ 5:00 Holiday Nights Trip \$ 6:00 Chair Yoga \$</p>	<p>16 8:45 Chair Yoga 10:00 Member Led Aerobics 11:00 Grief Support Group (SA) 11:00 Hart Hearing Aid Cleanings+ 11:30 Variety Card Games 12:30 Euchre 1:00 Pinochle 2:00 Stocking Giveaway</p>	<p>17 8:45 Coffee Conversations 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 12:00 Senior Lunch Social (MM) 1:00 Billiards 1:00 Mexican Train Dominoes 2:00 Yahtzee/Farkle Dice Games</p>	
19	<p>20 10:00 Member Led Aerobics 12:30 CSG Mtg (Birthdays!) 2:30 Build Your Immune System</p>	<p>21 8:45 Chair Yoga 10:00 Member Led Aerobics 11:30 Quilters/Knitters (SA) 12:30 Mahjong 1:00 Bridge, Poker 1:00 Woodcarvers 1:00 Billiards</p>	<p>22 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 6:00 Chair Yoga \$</p>	<p>23 OFFICES CLOSED</p>	<p>24 CHRISTMAS EVE OFFICES CLOSED</p>	25
<p>26 Revised 10/29/21</p>	<p>27 OFFICES CLOSED</p>	<p>28 SENIOR CENTER CLOSED</p>	<p>29 SENIOR CENTER CLOSED</p>	<p>30 OFFICES CLOSED</p>	<p>31 NEW YEAR'S EVE OFFICES CLOSED</p>	