










# Chesterfield Senior Center

(586) 949-0400 ext. 7  
chesterfieldtwp.org

# JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>Happy new year</i>	2 8:45 Chair Yoga 10:00 Aerobics & More 12:00 Variety Card Games 12:30 Euchre 1:00 Pinochle 1:00 Billiards	3 9:00 Body Awareness 10:00 Fitness, Toning & Music 11:15 Coffee & Conversation 12:30 Mexican Train Dominoes 1:00 Billiards	4
5	6 9:00 Body Awareness 10:00 Aerobics & More 11:30 CSG Meeting  <b>REGISTRATION UPDATE BEGINS!</b> Fill out our new ANNUAL registration form today!	7 8:45 Chair Yoga 10:00 Aerobics & More 11:00 Crafts 11:30 Quilting 12:30 Mahjong 1:00 Bridge, Poker 1:00 Woodcarving 1:00 Billiards	8 9:00 Body Awareness 10:00 Fitness, Toning & Music 1:00 Lakeshore Legal Aid* <b>**Appointment REQUIRED</b> 1:00 On with Life (OWL)	9 8:45 Chair Yoga 10:00 Aerobics & More 12:00 Variety Card Games 12:30 Euchre 1:00 Pinochle 1:00 Billiards	10 9:00 Body Awareness 10:00 Fitness, Toning & Music 11:15 Coffee & Conversation 12:30 Mexican Train Dominoes	11 
12 	13 9:00 Body Awareness 10:00 Aerobics & More 1:00 Turn the Page with the Chesterfield Township Library	14 8:45 Chair Yoga 10:00 Aerobics & More 11:00 Crafts 11:30 Quilting 12:30 Mahjong 1:00 Bridge, Poker 1:00 Woodcarving 1:00 Billiards	15 9:00 Body Awareness 10:00 Fitness, Toning & Music 2:45 Tai Chi	16 8:45 Chair Yoga 10:00 Aerobics & More 12:00 Variety Card Games 12:30 Euchre 1:00 Pinochle 1:00 Billiards	17 <b>NO PROGRAMMING</b>  <b>Free Healthy Chesterfield Day</b> 10:00 AM - 2:00 PM	18
19	20 <b>OFFICES CLOSED</b> 	21 8:45 Chair Yoga 10:00 Aerobics & More 11:00 Crafts 11:30 Quilting 12:30 Mahjong 1:00 Bridge, Poker 1:00 Woodcarving 1:00 Billiards	22 9:00 Body Awareness 10:00 Fitness, Toning & Music 2:45 Tai Chi	23 8:45 Chair Yoga 10:00 Aerobics & More 12:00 Variety Card Games 12:30 Euchre 1:00 Pinochle 1:00 Billiards	24 9:00 Body Awareness 10:00 Fitness, Toning & Music 11:15 Coffee & Conversation 12:30 Mexican Train Dominoes	25
26 	27 9:00 Body Awareness 10:00 Aerobics & More 11:30 CSG Meeting	28 8:45 Chair Yoga 10:00 Aerobics & More 11:00 Crafts 11:30 Quilting 12:30 Mahjong 1:00 Bridge, Poker 1:00 Woodcarving 1:00 Billiards	29 9:00 Body Awareness 10:00 Fitness, Toning & Music 1:00 Free Legal Aid Seminar 	30 8:45 Chair Yoga 10:00 Aerobics & More 12:00 Variety Card Games 12:30 Euchre 1:00 Pinochle 1:00 Billiards	31 9:00 Body Awareness 10:00 Fitness, Toning & Music 11:15 Coffee & Conversation: <i>Group Discussion</i> 12:30 Mexican Train Dominoes	