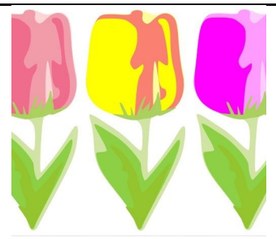
Chesterfield Senior Center

(586) 949-0400 ext. 4

parks.chesterfieldtwp.org

JUNE 2022

Kitchen Access Restricted from 9AM-12:30PM on Meal Program Days. Coffee will be available via counter service.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 11:30 Meal Program $ 12:00 Walk With Us 12:30 Line Dancing $	2 8:45 Chair Yoga $ 10:00 Member Led Aerobics 11:00 Grief Support Group (SA) 11:30 Meal Program $ 11:30 Variety Card Games 12:00 Pinochle Instruction 12:30 Euchre 1:00 Pinochle	3 8:45 Cardio Drumming $ 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 11:30 Meal Program $ 1:00 Billiards 1:00 Mexican Train Dominoes 2:00 Brain Boosters/Dice Games	4 12:00 Open House Ice Cream Social @ Township Offices Cost: Free
5	6 10:00 Member Led Aerobics 11:30 CSG Meeting 11:30 Meal Program $ 1:00 (Luau) @ Brandenburg Sponsored by Story Point $	7 8:45 Chair Yoga $ 10:00 Member Led Aerobics 10:00 Knitters (SA) 11:30 Meal Program $ 11:00 Cell Phone Help 12:30 Poker 1:00 Blood Pressure Checks 1:00 Bridge/Mahjong	8 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 11:30 Meal Program $ 12:00 Walk With Us 12:30 Line Dancing $ 2:30 Mary's Crafty Creations $	9 8:45 Chair Yoga $ 10:00 Member Led Aerobics 11:30 Meal Program $ 11:30 Variety Card Games 12:00 Pinochle Instruction 12:30 Euchre 1:00 Pinochle	10 8:45 Cardio Drumming $ 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 11:30 Meal Program $ 1:00 Billiards 1:00 Mexican Train Dominoes 2:00 Brain Boosters/Dice Games	**11**
12	13 10:00 Member Led Aerobics 11:30 Meal Program $ 1:00 Book Club (SA) 2:00 Joann's No Bake Desserts $	14 **8:30 Fire Keepers Bus Trip$** 8:45 Chair Yoga $ 10:00 Member Led Aerobics 10:00 Knitters (SA) 11:30 Meal Program$ 12:30 Poker 1:00 Bridge/Mahjong 1:00 Woodcarvers/Billiards	15 11:15 Cardio Video Fitness **1:00 Meadowbrook Theatre Trip$** 12:00 Walk With Us 12:30 Line Dancing $ (M) 2:30 On The Gogh Painting $	16 8:45 Chair Yoga $ 10:00 Member Led Aerobics 11:00 Grief Support Group (SA) 11:30 Meal Program $ 11:30 Variety Card Games 12:00 Pinochle Instruction 12:30 Euchre 1:00 Pinochle	17 8:45 Cardio Drumming $ 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 11:30 Meal Program $ 1:00 Billiards 1:00 Mexican train Dominoes 2:00 Brain Boosters/Dice Games	**18**
19 	20 10:00 Member Led Aerobics 11:30 CSG Meeting (Birthdays) 11:30 Meal Program $	21 8:45 Chair Yoga $ 10:00 Member Led Aerobics 10:00 Knitters (SA) 11:30 Meal Program $ 12:30 Poker 1:00 Bridge/Mahjong 1:00 Woodcarvers/Billiards	22 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 11:30 Meal Program $ 12:00 Walk With Us 12:30 Line Dancing $ 2:30 Bingo and Pizza Provided by Story Point $	23 8:45 Chair Yoga $ **9:45 Outdoor Adventure Bus Trip $** 10:00 Member Led Aerobics 11:00 Grief Support Group (SA) 11:30 Meal Program $ 11:30 Variety Card Games 12:00 Pinochle Instruction 12:30 Euchre 1:00 Pinochle	24 8:45 Cardio Drumming $ 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 11:30 Meal Program $ 1:00 Billiards 1:00 Mexican Train Dominoes 2:00 Brain Boosters/Dice Games	25
26 **Revised 4/25/22**	27 12:00 Health Fair - Sponsored by Assured Health **No Meal Program**	28 8:45 Chair Yoga $ 10:00 Member Led Aerobics 10:00 Knitters (SA) 11:30 Meal Program $ 12:30 Poker 1:00 Bridge/Mahjong 1:00 Woodcarvers/Billiards	29 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 11:30 Meal Program $ 12:00 Walk With Us 12:30 Line Dancing $ (M) 1:00 Ice Cream Social – Sponsored by Prestige Commons	30 8:45 Chair Yoga $ 10:00 Member Led Aerobics 11:00 Grief Support Group (SA) 11:30 Meal Program $ 11:30 Variety Card Games 12:00 Pinochle Instruction 12:30 Euchre 1:00 Pinochle		