

Food for Seniors Guidelines

The Focus: HOPE Food for Seniors Program provides free monthly food to senior citizens who are 60 years of age or older and reside in Wayne, Oakland, Macomb and Washtenaw counties. See the reverse side of this page for a listing of the food items and quantities which are distributed each month. Listed below are the income guidelines used to determine eligibility for the Focus: HOPE Food for Seniors Program.

TOTAL FAMILY SIZE	INCOME		
	ANNUAL	MONTHLY	WEEKLY
1	\$16,744	\$1,396	\$322
2	\$22,646	\$1,888	\$436
3	\$28,548	\$2,379	\$549
4	\$34,450	\$2,871	\$663
For each additional family member add	\$5,902	\$492	\$114

If a senior meets the eligibility requirements as outlined above, he/she may be certified at any one of the Focus: HOPE Food Centers or at one of our many certification agencies in Wayne, Oakland, Macomb and Washtenaw counties. When a senior is certified at a food center, he/she is able to pick up his/her first month's food on that day.

In order to be certified, a senior must apply in person and bring the following:

1) proof of age, 2) identification, and 3) number of people in household.

Home delivery may be arranged for eligible seniors who are homebound or disabled. If you need transportation or have any other questions call **313.494.4980**.

All Food Centers are open Monday through Friday except holidays. Monday–Thursday: 8am–4 pm • Friday: 8am–noon

DETROIT WEST	1300 Oakman Blvd. at 14 th	Phone 313.494.4600
DETROIT EAST	9151 Chalmers near Harper	Phone 313.494.4600
DETROIT MAIN	1200 Oakman Blvd., Building B	Phone 313.494.4980 (Agencies only)
INKSTER	759 Inkster Rd. north of Michigan Avenue	Phone 313.494.4600
SATELLITE	Satellite Centers are available for Macomb, Oakland, Washtenaw & Wayne Counties	Phone 313.494.4600 for more information

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.)

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.ocio.usda.gov/document/ad-3027>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

(1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410

(2) Fax: (833) 256-1665 or (202) 690-7442; or

(3) Email: program.intake@usda.gov

This institution is an equal opportunity provider.

Focus: HOPE

Commodity Supplemental Food Program Food Packages	
PRODUCT	OPTIONS
MILK	Option 1: 2 UHT Milk Option 2: 1 UHT Milk & 1 NFD (12.8oz)
PASTA/GRAINS	2 Units of Any 1 lb. Bag Max 2
CEREAL	2 Units Max 2
PROTEIN	3 Units Max 3
MEATS	Option 1: 1(24oz) & 1 (10-15oz) Max 3 Option 2: 3 (10-15oz)
VEGETABLES/SOUP	Option 1: 8 Veg or Soup Max 8 Option 2: 6 Veg/Soup & 1 Instant Potatoes *Instant Potatoes Counts as 2 Units
FRUITS/JUICE	Option 1: 1 Juice & 3 Fruit Max 4 Option 2: 2 Juices & 2 Fruit Option 3: 1 Juice @ 2 Fruit & 1 Raisins Option 4: 2 Juices & 1 Fruit & 1 Raisins
CHEESE 2 LB.	1 Unit