

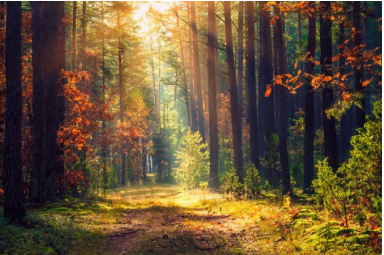






Chesterfield Senior Center

(586) 949-0400 ext. 4
parks.chesterfieldtwp.org

SEPTEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 12:00 Walk w/ Us 2:00 BINGO Basics \$ 6:00 Chair Yoga \$	2 8:45 Chair Yoga \$ 10:00 Member Led Aerobics 11:30 Variety Card Games 12:30 Euchre 1:00 Pinochle	3 8:45 Coffee Conversations 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 1:00 Billiards 1:30 Mexican Train Dominoes 2:00 Yahtzee/Farkle Dice Games	
5	6 LABOR DAY OFFICES CLOSED	7 8:45 Chair Yoga \$ 10:00 Member Led Aerobics 11:30 Quilters/Knitters (SA) 12:30 Mahjong 1:00 Firefighter Blood Pressure Cks 1:00 Bridge, Poker 1:00 Woodcarvers 1:00 Billiards	8 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 12:00 Walk w/ Us 2:00 Native Plants \$ 6:00 Chair Yoga \$	9 8:45 Chair Yoga \$ 10:00 Member Led Aerobics 11:30 Variety Card Games 12:30 Euchre 1:00 Pinochle	10 8:45 Coffee Conversations 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 1:00 Billiards 1:30 Mexican Train Dominoes 2:00 Yahtzee/Farkle Dice Games	11
12	13 9:00 Pickle Ball \$ 10:00 Member Led Aerobics 1:00 Senior Book Club (NA) 'Before We Were Yours' 2:30 Movie Reviewers Club 'Notebook'	14 HEALTH FAIR DAY 11AM-2PM	15 9:00 Pickle Ball \$ 10:00 Member Led Dance Fitness 11:00 Grief Support Group (SA) 11:15 Cardio Video Fitness 12:00 Walk w/ Us 1:00 On With Life (SA) 2:00 Crafty Creations \$ 6:00 Chair Yoga \$	16 8:45 Chair Yoga \$ 10:00 Member Led Aerobics 11:30 Variety Card Games 12:30 Euchre 1:00 Pinochle	17 8:45 Coffee Conversations 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 12:00 Senior Lunch Social Webber Paddle Park (Weather Permitting) 1:00 Billiards 1:30 Mexican Train Dominoes 2:00 Yahtzee/Farkle Dice Games	
19 PRE-REGISTRATION is REQUIRED for ALL programs and events and activities hosted by Chesterfield Senior Center. Visit parks.chesterfieldtwp.org All programs are extremely limited in number of participants. Call 586-949-0400 ext. 4 for more information	20 9:00 Pickle Ball \$ 10:00 Member Led Aerobics 12:30 CSG Mtg (Birthdays!) 2:30 Chair Tai Chi w/Sophia	21 8:45 Chair Yoga \$ 10:00 Member Led Aerobics 11:30 Quilters/Knitters (SA) 12:30 Mahjong 1:00 Bridge, Poker 1:00 Woodcarvers 1:00 Billiards	22 9:00 Pickle Ball \$ 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 12:00 Walk w/ Us 12:00 Tiger Bus Trip \$ 2:00 Peaceful Painting \$ 6:00 Chair Yoga \$	23 8:45 Chair Yoga \$ 10:00 Member Led Aerobics 11:00 Hart Hearing Aid-Cleanings+ 11:30 Variety Card Games 12:30 Euchre 1:00 Pinochle	24 8:45 Coffee Conversations 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 12:30 Homerun Lunch Outdoors at Twp. (Weather Permitting) 1:00 Billiards 1:30 Mexican Train Dominoes 2:00 Yahtzee/Farkle Dice Games 6:30 Outdoor Community Concert	25
26	27 10:00 Member Led Aerobics	28 8:45 Chair Yoga \$ 10:00 Member Led Aerobics 11:30 Quilters/Knitters (SA) 12:30 Mahjong 1:00 Bridge, Poker 1:00 Woodcarvers 1:00 Billiards	29 10:00 Member Led Dance Fitness 11:15 Cardio Video Fitness 12:00 Walk w/ Us 6:00 Chair Yoga \$	30 8:45 Chair Yoga \$ 11:30: Indoor Concert & Lunch (Michael Krieger, Pianist)		REGISTRATION BEGINS AUGUST 25th! ~parks.chesterfieldtwp.org ~in-person at Leisure Services ~586-949-0400 ext.4 (Registration for free programs can also be done by phone)